

WINTER 25-26

Flaine.com


flaine
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HAUTE-SAVOIE



 Flash me

Flainescape

Entertainments program

Flaine Tourist Office

+33(0)4.50.90.80.01



STELLAIR
DRONE SHOW



Winterbreak

From 14/03/26 to 21/03/26



SATURDAY MARCH 14



@La Pente à Jules

DJ SET at La Pente à Jules

🕒 2.30pm-6.30pm 📍 Restaurant La Pente à Jules

€ Free entry. Charges apply for drinks.

Electro-House DJ Set

No booking required.

☎ +33 (0)4 50 90 87 42



@OT Flaine

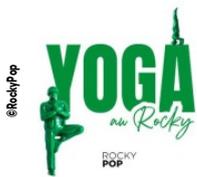
Broadcast of the 2026 Six Nations Championship at RockyPop Flaine

🕒 3.10pm Broadcast of the other two matches from the final day. 📍 Hôtel RockyPop - Flaine Forum

€ Free access. Consumption on site subject to charge. After skiing, It's rugby time: all the week's matches are broadcast live at RockyPop Flaine!

☎ +33 (0)4 80 16 12 21

www.rockypop.com/flaine



@RockyPop

Yoga au RockyPop

🕒 6pm Tuesday, Saturday 📍 Hôtel RockyPop - Flaine Forum

€ Full price: 20 € par séance - Preferential rate: euros55 for 5 classes, euros100 for 10 classes

At RockyPop Flaine, it's time to unwind with our yoga sessions led by Maude Stolz, every Tuesday and Saturday.

Book at the hotel reception or by sending an email.

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www.rockypop.com/flaine

SUNDAY MARCH 15



@OT Flaine

Live jukebox at La Joyeuse

🕒 12pm-4pm Sunday 📍 Restaurant La Joyeuse - Flaine Front de neige

€ Free access. Consumption and meals payable on site.

Live jukebox DJ set, skiing, sunshine and spit-roasted pork.

☎ +33 (0)4 57 44 45 85 - +33 (0)6 79 85 42 45



@OT Flaine

Nature activities

🕒 1pm-4pm Tuesday, Sunday, Friday, Monday 📍 Au départ du télésiège Désert Blanc

€ Free access.

Come and satisfy your curiosity about the wildlife that surrounds us in the mountains, and if you're lucky you'll be able to spot some animals!

☎ +33 (0)4 50 90 40 00

www.grand-massif.com

MONDAY MARCH 16



@Studio Bergand

Morning inspiration

🕒 9am Monday Enjoy entertainment every day from Monday to Sunday starting at 9:00 a.m. 📍 MGM Résidence Alhena, Flaine Front de neige

€ One price: 55 €

Soothing morning activity at sunrise accompanied by natural sounds. Light, balanced breakfast, followed by access to the spa.

More details available at the hotel reception.

☎ +33 (0)4 85 58 24 45



@OT Flaine

Nature activities

🕒 1pm-4pm Tuesday, Sunday, Friday, Monday 📍 Au départ du télésiège Désert Blanc

€ Free access.

Come and satisfy your curiosity about the wildlife that surrounds us in the mountains, and if you're lucky you'll be able to spot some animals!

☎ +33 (0)4 50 90 40 00

www.grand-massif.com



@OT Flaine - Némés Ladrax

Flaine Forêt market

🕒 4pm-7pm Monday 📍 Flaine Forêt

€ Free access.

Small local market in the heart of Flaine Forêt, where producers and artisans offer fresh, local, and handcrafted products.

☎ +33 (0)4 50 90 82 75



©OT Flaine - Hamid Ladrin

Welcome drink at Flaine

- 🕒 6pm Monday 📍 Flaine Forum
- € Free of charge.

The resort welcomes you with a warm atmosphere and delicious hot drinks. Come and collect all the essential

information for your stay while enjoying a complimentary mulled wine or apple juice offered by our partner, the Sherpa supermarket.

☎ +33 (0)4 50 90 80 01



©OT Flaine

Totem yoga sessions

- 🕒 6.30pm-7.30pm Thursday, Monday
- 📍 Hôtel Totem - Flaine Forum
- € Full price: 20 € par personne - - Further details are available from the hotel reception.

Relax during a yoga session guided by Adeline, combining serenity and well-being.

☎ +33 (0)4 30 05 03 40
www.totem-flaine.com



©OT Flaine

Concert at the Alhéna hotel

- 🕒 6.30pm-8.30pm Monday With Pablo. 📍 MGM - Alhéna Résidence et Spa
- € Free of charge.

Enjoy an evening concert by the fireplace at the Alhéna hotel. Make yourself comfortable in the spacious lounge with a fireplace and let yourself be carried away by a warm musical atmosphere.

☎ +33 (0)4 85 58 24 45
www.mgm-hotels-residences.com/residence-alhena-flaine

TUESDAY MARCH 17



©OT Flaine

Nature activities

- 🕒 1pm-4pm Tuesday, Sunday, Friday, Monday 📍 Au départ du télésiège Désert Blanc
- € Free access.

Come and satisfy your curiosity about the wildlife that surrounds us in the mountains, and if you're lucky you'll be able to spot some animals!

☎ +33 (0)4 50 90 40 00
www.grand-massif.com



©OT Flaine - C.Gerard

Guided tour of Flaine's heritage

- 🕒 2pm-3.50pm Tuesday 📍 Flaine Forum
- € Free of charge. 👤 From 15 years old

The Art center gives you the chance to discover the heritage of this listed resort. Bookings must be made at the Centre d'Art de Flaine.

☎ +33 (0)4 50 90 41 73
www.centredartdeflaine.com/



©Mix Macs

Mix Macs concert

- 🕒 4pm-6pm Information on the place and date of postponement at the Tourist Office in the event of bad weather. 📍 Sur la terrasse du restaurant le Bar Qui Mange

€ Free of charge.
Come and rock out with Mix Macs, a crazy band playing live pop-rock on the terrace of Le Bar Qui Mange restaurant.

The concert does not require advance booking.
☎ +33 (0)4 50 90 80 01



©OT Flaine-Candice Gerard

After-Ski of L'Éloge

- 🕒 4pm-9pm Thursday, Tuesday
- 📍 Flaine Forum

After-ski Happy Hour from 4 PM to 9 PM at the cosy chalet of L'Éloge, rustic setting at the foot of the slopes. Music, drinks and good vibes to extend your ski day in a warm and festive atmosphere.

☎ +33 (0)4 50 90 85 91
www.restaurantlemichet-flaine.com/



©Le Totem

Totem happy hour

- 🕒 5pm-7pm Thursday, Tuesday
- 📍 Hôtel Totem - Flaine Forum
- € Prices not available. 50% off draught beers, cocktails and more...

Happy hour at the Totem hotel Friendly Bar Access to the Totem hotel bar is free. No prior reservation is necessary.

☎ +33 (0)4 30 05 03 40
www.totem-flaine.com



Yoga au RockyPop

🕒 6pm Tuesday, Saturday 📍 Hôtel RockyPop - Flaine Forum

💰 Full price: 20 € par séance - Preferential rate: euros55 for 5 classes, euros100 for 10 classes

At RockyPop Flaine, it's time to unwind with our yoga sessions led by Maude Stolz, every Tuesday and Saturday.

Book at the hotel reception or by sending an email.

☎ +33 (0)4 80 16 12 21

www.rockypop.com/flaine



RockyPop St Patrick

🕒 6.30pm With the band Pop Mods.

📍 Hôtel RockyPop - Flaine Forum

💰 Free of charge. Mandatory consumption.

Saint Patrick's Day at Rocky Pop

☎ +33 (0)4 80 16 12 21

www.rockypop.com/flaine

WEDNESDAY MARCH 18



Wellness Workshop at Deep Nature Spa

🕒 10.30am Wednesday, Friday

📍 Résidence Pierre et Vacances Les Terrasses d'Hélios

💰 Free of charge. 👤 From 14 years

old

Personalized skincare workshop, skin analysis and expert advice

Booking required

☎ +33 (0)4 50 55 94 73

www.deepnature.fr/fr/spa-flaine-terrasses-helios



Barbecue party and DJ set at Le Totem

🕒 12pm Subject to weather conditions 📍 Hôtel Totem - Flaine Forum

💰 Prices not available. Free entry, drinks at your own expense.

BBQ season is here at Le Totem! To mark the occasion, enjoy a DJ set by Monsieur Marose featuring Disco, Funk and House tracks.

Booking is required for lunch.

☎ +33 (0)4 30 05 03 40

www.totem-flaine.com



Live music with Mix Macs

🕒 12pm-2pm Information on the place and date of postponement at

the Tourist Office in the event of bad weather. 📍 Sur la terrasse du restaurant le Désert Blanc

💰 Free entry but transport fee applies.

Come and join Mix Macs, a crazy group, for a live pop-rock concert on the terraces of the le Désert Blanc restaurant!

The concert does not require advance booking.

☎ +33 (0)4 50 90 80 01



Outdoor laser game introduction

🕒 4pm 📍 Flaine Forum

💰 Free of charge. All the necessary equipment is loaned free of charge.

👤 From 7 years old

Battle it out in the open air at Flaine Forum in an epic laser game: 2 teams, 10 minutes of action!

☎ +33 (0)4 50 90 80 01

THURSDAY MARCH 19



Mix Macs in concert

🕒 4pm-6pm Information on the place and date of postponement at the Tourist Office in the event of bad weather. 📍 Sur la terrasse de la Brasserie Les Cimes

💰 Free of charge.

Come and rock out with Mix Macs, a crazy band playing live pop-rock on the terrace of Brasserie Les Cimes!

The concert does not require advance booking.

☎ +33 (0)4 50 90 80 01



After-Ski of L'Éloge

🕒 4pm-9pm Thursday, Tuesday

📍 Flaine Forum

After-ski Happy Hour from 4 PM to 9 PM at the cosy chalet of L'Éloge, rustic setting at the foot of the slopes. Music, drinks and good vibes to extend your ski day in a warm and festive atmosphere.

☎ +33 (0)4 50 90 85 91

www.restaurantlemichet-flaine.com/



Totem happy hour

- 🕒 5pm-7pm Thursday, Tuesday
- 📍 Hôtel Totem - Flaine Forum
- 💶 Prices not available. 50% off draught beers, cocktails and more...

*Happy hour at the Totem hotel Friendly Bar
Access to the Totem hotel bar is free. No prior reservation is necessary.*

☎ +33 (0)4 30 05 03 40
www.totem-flaine.com



Totem yoga sessions

- 🕒 6.30pm-7.30pm Thursday, Monday
- 📍 Hôtel Totem - Flaine Forum
- 💶 Full price: 20 € par personne - - Further details are available from the hotel reception.

Relax during a yoga session guided by Adeline, combining serenity and well-being.

☎ +33 (0)4 30 05 03 40
www.totem-flaine.com



Aquagym Fitness

- 🕒 8pm Thursday 📍 Résidence Le Centaure - Flaine Forum
- 💶 One price: 20 €

*Aquagym fitness at Le Centaure in Flaine is a dynamic session open to all, ideal for toning up, improving your cardio and gently working out in a heated pool.
Booking required.*

☎ +33 (0)7 63 32 22 52

FRIDAY MARCH 20



Wellness Workshop at Deep Nature Spa

- 🕒 10.30am Wednesday, Friday
- 📍 Résidence Pierre et Vacances Les Terrasses d'Hélios
- 💶 Free of charge. 👤 From 14 years old

*Personalized skincare workshop, skin analysis and expert advice
Booking required*

☎ +33 (0)4 50 55 94 73
www.deepnature.fr/fr/spa-flaine-terrasses-helios



Nature activities

- 🕒 1pm-4pm Tuesday, Sunday, Friday, Monday
- 📍 Au départ du télésiège Désert Blanc
- 💶 Free access.

Come and satisfy your curiosity about the wildlife that surrounds us in the mountains, and if you're lucky you'll be able to spot some animals!

☎ +33 (0)4 50 90 40 00
www.grand-massif.com



Initiation Laser rifle / Biathlon

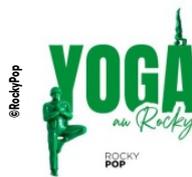
- 🕒 4pm Postponed to the Eric and Sylvie Boissonnas Auditorium in case of inclement weather. 📍 Flaine Forum
- 💶 Free of charge. All the necessary equipment is loaned free of charge.

👤 From 8 years old

*Target shooting is no longer just for champions - it's accessible to everyone, and it's safe!
No booking required.*

☎ +33 (0)4 50 90 80 01

SATURDAY MARCH 21



Yoga au RockyPop

- 🕒 6pm Tuesday, Saturday 📍 Hôtel RockyPop - Flaine Forum
- 💶 Full price: 20 € par séance - Preferential rate: euros55 for 5 classes, euros100 for 10 classes

At RockyPop Flaine, it's time to unwind with our yoga sessions led by Maude Stolz, every Tuesday and Saturday.

Book at the hotel reception or by sending an email.

☎ +33 (0)4 80 16 12 21
www.rockypop.com/flaine



RockyPop Music

- 🕒 6.30pm-9pm With the band Mélange Insolite 📍 Hôtel RockyPop - Flaine Forum
- 💶 Free of charge.

Pop Rock Concert.

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www.rockypop.com/flaine

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CHANTE
comme une star



CHILL
comme ton boss



MANGE
comme une reine

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JEUX - SALLE DE KARAOKÉ**

ROCKY POP

Bâtiment Aujon - Flaine Forum | rockypop.com
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Pour votre santé, mangez au moins 5 fruits et légumes par jour | www.mangerbouger.fr